Common Side Effects and Costs of Medications

ASPIRIN ($)
Bleeding in 1 of 1000 patients
Belly pain or heartburn in 50 of 1000 patients

STATINS ($-$$$$)
Muscle aching and stiffness in 50 of 1000 patients
Liver blood test goes up in 20 of 1000 patients

ACE-INHIBITORS ($) /AR BLOCKERS ($$$)
Dry cough in 50 of 1000 patients
Low blood pressure in 20 of 1000 patients
Kidney function worsens in 20 of 1000 patients

BETA-BLOCKERS ($)
Low blood pressure in 50 of 1000 patients
Low heart rate in 50 of 1000 patients
Wheezing in 10 of 1000 patients
Depression or sleep disturbance or fatigue in 50 of 1000 patients
Decreased libido in 10 of 1000 patients

COST KEY
$ = less than $10/month
$$= $10-$25/month
$$$= $25-$40/month
$$$$= more than $40/month
Costs are estimates. Your cost may vary based on your insurance provider.

AFTER A HEART ATTACK
RISK WORKSHEET

In the first six months after a heart attack, the risk of dying is highest. Your cardiologist has prescribed the following medications to help reduce your risk. This worksheet shows the benefits (risk reduction) and downsides (common side effects and costs) of the decision to take or not to take these medications. **At the end of the discussion, we will ask about your decision.**

Based on your age and medical history, your personal risk is _____ of 1000.

Your recommended heart medications include:

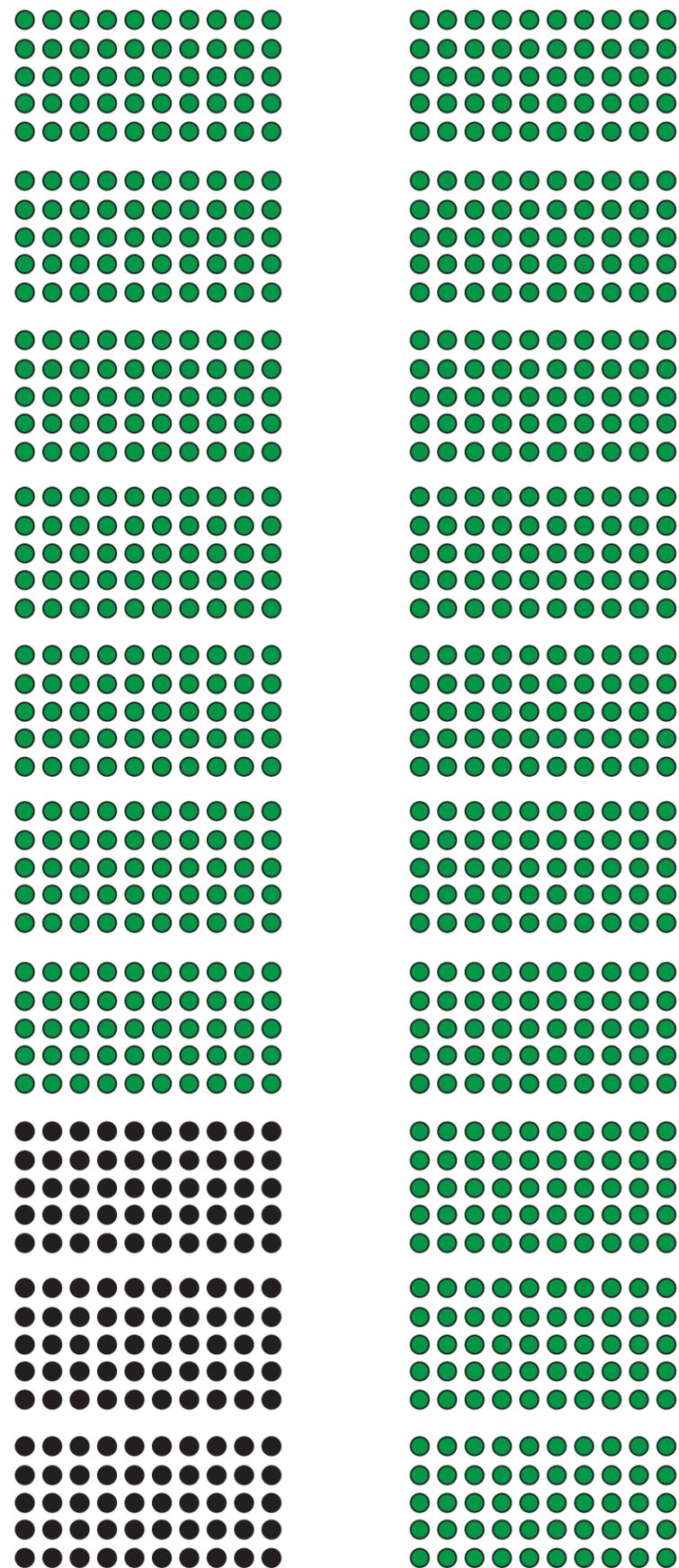|	*Medication Class*	*Medication Name*
1	Aspirin	
2	Statins	
3	ACE-Inhibitors/AR Blockers	
4	Beta-Blockers	

Prepared for:

Imagine 1000 people like you recovering from a heart attack.

If over the next 6 months, those **1000** people **DO NOT** take any of the recommended medications,

_____ will die.

_____ will live.

If over the next 6 months, those **1000** people **DO** take the recommended medications,

_____ will still die.

_____ will avoid death.

_____ will live whether or not they choose to take the medications.