Common Side Effects and Costs of Medications

**ASPIRIN ($)**
- Bleeding in 1 of 1000 patients
- Belly pain or heartburn in 50 of 1000 patients

**STATINS ($-$$$$$)**
- Muscle aching and stiffness in 50 of 1000 patients
- Liver blood test goes up in 20 of 1000 patients

**ACE-INHIBITORS ($) / AR BLOCKERS ($$$)**
- Dry cough in 50 of 1000 patients
- Low blood pressure in 20 of 1000 patients
- Kidney function worsens in 20 of 1000 patients

**BETA-BLOCKERS ($)**
- Low blood pressure in 50 of 1000 patients
- Low heart rate in 50 of 1000 patients
- Wheezing in 10 of 1000 patients
- Depression or sleep disturbance or fatigue in 50 of 1000 patients
- Decreased libido in 10 of 1000 patients

**COST KEY**

- $ = less than $10/month
- $$ = $10-$25/month
- $$$ = $25-$40/month
- $$$$ = more than $40/month

*Costs are estimates. Your cost may vary based on your insurance provider.*

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**AFTER A HEART ATTACK**

**RISK WORKSHEET**

In the first six months after a heart attack, the risk of dying is highest. Your cardiologist has prescribed the following medications to help reduce your risk. This worksheet shows the benefits (risk reduction) and downsides (common side effects and costs) of the decision to take or not to take these medications. At the end of the discussion, we will ask about your decision.

Based on your age and medical history, your personal risk is ______ of 1000.

Your recommended heart medications include:

<table>
<thead>
<tr>
<th>Medication Class</th>
<th>Medication Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Aspirin</td>
</tr>
<tr>
<td>2</td>
<td>Statins</td>
</tr>
<tr>
<td>3</td>
<td>ACE-Inhibitors/AR Blockers</td>
</tr>
<tr>
<td>4</td>
<td>Beta-Blockers</td>
</tr>
</tbody>
</table>

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Imagine 1000 people like you recovering from a heart attack.

If over the next 6 months, those 1000 people DO NOT take any of the recommended medications,

_____ will die.

_____ will live.

**KEY**

- Person who lives.
- Person who dies.
- Person who avoids death.

If over the next 6 months, those 1000 people DO take the recommended medications,

_____ will still die.

_____ will avoid death.

_____ will live whether or not they choose to take the medications.